

Project Name	Priority Focus	Criteria Met	Project Description	Amount Requested	Applicant
G Whizz	<p>This is already a much valued community initiative, which significantly enhances the lives, good health and well-being of so many people, but especially the physically disabled and visually impaired/blind community. The project is aimed at people who enjoy cycling but for various reasons, are not able to ride a two-wheeled bike anymore. This enables people to experience cycling once more, the fresh air and the exercise. It is proven how much exercise and fresh air contributes to people's overall sense of well-being. The project is registered with the 'How are you?' initiative run by Huntingdon Council. It is also registered with local GP practices under the social prescribing scheme. The project has just received a 'Volunteer</p>	<ul style="list-style-type: none"> • Improving the quality of life and wellbeing for everyone • Keeping people out of crisis • helping people in crisis 	<p>It offers a unique service, assisted tandem cycling experiences to a range of cyclists who are unable to ride a two-wheeled bike on their own. With standard and semi-recumbent sitting positions and independent pedalling systems, on-road rides are available to visually impaired, limited mobility and impaired balance cyclists. Rides range from a few miles to many miles, including overnight stays, depending on the ability of the rider. The project had initial outlay costs, funded by myself. This included the purchase of 6 tandems and a trailer in excess of £20,000. We are seeking a grant for the ongoing maintenance of the tandems and purchase of new tandems as the project increases.</p> <p>Itemised breakdown of current costs:</p> <ul style="list-style-type: none"> • running costs to maintain tandems £1,000 • New battery for semi-recumbent tandem £500 • Addition of new tandems £4,000 - £7,000 <p>Facebook group: G-Whizz Inclusive Tandem Bike Rides Facebook</p>	£1,000 – this will contribute to the new battery and towards running costs	<p>Graham Davies – owner, Sawtry.</p> <p>Currently finances everything himself</p>

	<p>Champion' award, presented by councillor Simon Bywater, who fully supports the project. The project was also highly commended at the Pride In Peterborough Awards 2021.</p>		<p>Cycling UK website (they're an affiliate): G-Whizz Inclusive Tandem Bike Rides Cycling UK</p>		
<p>Kings Ripton Community Lunches</p>	<p>In response to HDC's warm room initiative in October 2022 we have set up a bi weekly lunch for the local community, run by the Church in our village hall where provide lunch (soup, roll, dessert or cake/tea/coffee), company and conversation for up to 18 people. The lunches are also open to villagers in Abbots Ripton</p>	<ul style="list-style-type: none"> • Improving the quality of life and wellbeing for everyone • Keeping people out of crisis • helping people in crisis • lowering carbon emissions 	<p>Our aim is to provide a warm, healthy and nutritious lunch and a welcoming environment that encourages people to socialise with other members of their community. We want to be a support to those recently bereaved. We can use the project to reach out to the more vulnerable and elderly of our village who might not otherwise have any social activities - the fact that they can walk to the village hall is a huge bonus. The project also means we can keep an eye out for potential safeguarding issues and it enables us to offer practical support at a wider level if the need arises. Our project has been very well supported in the village since it's inception in January 2023. Attendance is minimum 14 per session with the capacity for 18. Locals look forward to the lunch and the chat and the sense of coming together as a community. We have several elderly widowers who attend and it's a real life line for them, not least because it's not much fun preparing and eating a meal on your own - they eat</p>	<p>£1,000 – cost of hiring hall is £25 per session, feeding people is £20 per session</p> <p>Total of 22 sessions</p>	<p>Bronwen Rayner – leader of the Kings Ripton Community Lunches</p>

			way more in company! It has been invaluable to a couple dealing with early onset dementia who are unable to eat out at restaurants, but can come and bring their dog so that the husband doesn't get distressed. It's the only social event he can really access.		
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